

PREPARING FOR SURGERY

Please review the following instructions prior to your surgery.

1. Do not eat or drink (including water) after midnight the night before your surgery. Do not take any medication the morning of your procedure unless you are specifically instructed to do so.
2. Bring a list of medication that you are currently using to the hospital with you. Include the drug name, dose/strength and frequency as written on the medication bottle. Also list any other over the counter medicine, vitamins, herbs and health supplements you take.
3. Stop any aspirin or other nonsteroidal anti-inflammatory medication such as Ibuprofen/Motrin, Aleve, Vitamin E, Fish Oil and Omega 3's seven (7) days before the procedure. These medications may thin your blood and cause increased bleeding during surgery. All blood thinners (Coumadin/Plavix) must be stopped one week prior to surgery.
4. Make sure that we are aware of any medications that you are presently taking as well as any medication that you are allergic to.
5. Physical exam and pre-operative testing is required which may include: blood work, chest x-ray, and an ECG. Other exams may be prescribed.
6. You will not be able to drive after surgery therefore it will be necessary for you to have someone available to drive you home. If there will be no one for you at the hospital, bring a phone number of someone that can be called and will be available to drive you home.
7. Wear comfortable loose fitting clothes and bring your glasses/contact case. Do not bring any valuables (cash, checks, credit cards etc.) You may not wear jewelry of any kind (including a wedding band), wigs, hairpins, glasses, contact lenses, make up, nail polish, dentures or partial plates in the operating room.
8. It will be necessary for you to have a physical therapy after your surgery. Please check with your insurance company to see if prior authorization is needed and let our office know so that your postoperative therapy is not delayed.

If you have any questions regarding your surgery, please contact Julie at 330-929-2694, ext. 116.