

Medications to STOP prior to surgery:

- 1) Aspirin- 7 days before surgery
- 2) Vitamin E- 7 days before surgery
- 3) Fish Oil Supplement- 7 days before surgery
- 4) Multi Vitamins and Herbal Supplements- 7 days before surgery
- 5) Blood Thinners:
 - Coumadin (warfarin): 5 days before surgery
 - Plavix (clopidogrel) and
 - Pletal (cilostazol) – 10 days before surgery
 - Trental (pentoxifylline)
- 6) Anti-inflammatories – 7 days before surgery
 - Over the counter: Motrin, Ibuprofen, Aleve (naproxen)

Prescribed:

- Celebrex (celecoxib)
- Daypro (oxaprozin)
- Mobic (meloxicam)
- Naprosyn (naproxen)
- Relafen (nabumetone)
- Voltaren (diclofenac)
- Lodine (etodolac)
- Feldene (piroxicam)
- Torodal (ketorolac)